Save the Children

SAVE THE CHILDREN LAUNCHES FOUR STUDIES ADVANCING GIRLS' RIGHTS IN THE PHILIPPINES

Manila, Philippines — Save the Children Philippines launched four landmark research studies under its Power Up Girls program, reaffirming its commitment to evidence-based action in advancing gender equality, preventing adolescent pregnancy and child, early and forced marriages and unions (CEFMU), and promoting children's rights.

The studies, "Rights at Risk: Understanding Gender and Power Relations Impacting Girls and Young Women in CaMaNa Cities and Indigenous Communities in Sarangani," "Listening to Families and Communities: A Follow-up Study in the Power Up Girls Program," "Family Learning Sessions as a Pathway to Prevent Child Marriage and Adolescent Pregnancy," and "Measuring Social Change: Rubrics-Based Evaluation Method for the Power Up Girls Program" provide crucial insights into the lived realities of girls, families, and communities across the Philippines. These research studies can be accessed here.

These research studies collectively deepen the understanding of how social norms, gender roles, and power dynamics shape the choices and opportunities available to girls and young women. They shed light on the enabling and constraining factors influencing family attitudes, community engagement, and policy environments that affect girls' rights and well-being. The evidence gathered from these studies will help inform more gender-transformative, child-centered, and sustainable approaches in both programming and advocacy.

Each study highlights a key dimension of Save the Children Philippines' ongoing work to support adolescent girls and prevent teenage pregnancy and CEFMU:
- "Rights at Risk" examines the gender and power relations shaping the experiences of girls and young women in urban poor and indigenous communities, identifying barriers and opportunities for gender-transformative programming.
- "Listening to Families and Communities" follows up on the Power Up Girls Program to understand evolving knowledge, attitudes, and practices surrounding gender equality, adolescent pregnancy, and child protection.
- "Family Learning Sessions as a Pathway to Prevent Child Marriage and Adolescent Pregnancy" explores how family-based interventions promote dialogue and shared responsibility in ending CEFMU.

- "Measuring Social Change" introduces an innovative, rubrics-based evaluation method to assess the transformative impact of the Power Up Girls Program on individuals, communities, and policies.

The collective findings of these studies demonstrate that lasting social change is achievable when evidence informs action and when programs are designed with girls at the center, families are engaged as allies, and systems are strengthened to uphold children's rights. By translating insights into action, Save the Children Philippines continues to champion approaches that ensure every girl can dream freely, decide confidently, and thrive fully.

The findings seek to guide future programs and advocacy initiatives, as well as inform policy dialogue with government, civil society, and private sector partners to advance the rights of girls and adolescents nationwide.

ABOUT SAVE THE CHILDREN

Save the Children believes every child deserves a future. In the Philippines and around the world, we do whatever it takes – every day and in times of crisis – so children can fulfill their rights to a healthy start in life, the opportunity to learn, and protection from harm. With over 100 years of expertise, we are the world's first and leading independent children's organization – transforming lives and the future we share.
More information about Save the Children's programs for and with children is available at www.savethechildren.org.ph.

FOR MORE INFORMATION

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